

Mount Helena

The Free Spirit

September 2010

UU Happenings This Month...

Begin 2010 Fall Services

August 29th Service – Sunday
And Special Potluck with Plymouth
"Truffula Trees; Saving Our Heritage"
Led by Blake Gardiner

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**September 5<sup>th</sup> Service – Potluck Sunday**  
**Labor Day Weekend**  
"More Than a Mothership"  
Led by Magalie Belanger

**September 12<sup>th</sup> Service – Sunday**  
"The Role of the Unconscious  
In Evolving Liberal Religion"  
**Quest Speaker**  
**Jeremy Taylor, D.Min**

**September 19<sup>th</sup> Service – Sunday**  
"Yoga"  
Led by Katie Campbell

**September 26<sup>th</sup> Service – Sunday**  
"Water Service"  
Led by Pad McCracken  
Please bring some water from your travels or  
from your home  
**And NAMI Walk**

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October 3rd Service – Potluck Sunday
And Volunteer Fair

From the Chair - Magalie Belanger



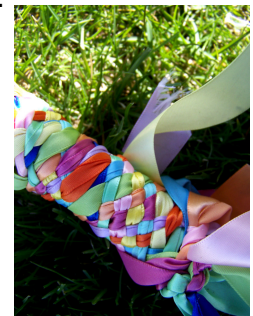
It's been almost three months since we all have gathered for a service and I, like many others, have traveled to see family, hiked around Montana, ate some funnel cake while watching a rodeo and loaded up on summer fun.

Now like parents preparing for their children back to school time, the Board and different committees have worked for a great church year and a smooth return with new speakers, new music, and a reorganized religious education program for our children. Every part of our fellowship is gearing up for a wonderful year by preparing to gather together in old traditions, like our water service at the end of September, and to create new ones; to see familiar faces and catch up on those summer months but also welcome new ones.

I hope that your summer has been filled with huckleberries, worship through nature and enough warm summer memories to fill your winter evenings. Welcome back.

UU Maypole Dance a Success

Last spring the Fellowship had our very first UU Maypole dance following the service. It took place on the field just north of the Plymouth Church. It was windy and cool, and the CD music didn't work, but there were bright ribbons and a ten foot pole for the dance. We clapped, tried to sing a cappella, and traded circling the pole. The idea is to weave a pattern by going under and over each other and it's easy to see when we got out of pattern. All and all it was a good time and even the men took a turn or two around the pole.



Volunteers for Veggies

September 2nd Plymouth Congregational has invited us to join in their Thursday Volunteers for Veggies in the community gardens in front of the church every Thursday, 5 to 7pm, until it freezes. Help weed and harvest and take some fresh veggies home.