



# The Free Spirit

News from the Big Sky Unitarian Universalist Fellowship • Helena, Montana

January, 2009

## UU Happenings

### This Month.....

#### January 4<sup>th</sup> Service – Pot Luck Sunday

“Prayer and Covenant of Kindness”

Led by Pad McCracken

#### Annual Meeting

January 11th following Service

#### January 11<sup>th</sup> Service - Sunday

“Grace of the World: Poetry as Prayer”

Led by Kat Imhoff

**Adult RE- January 14<sup>th</sup>,** Introduction to UUism begins, two sessions, 7:00pm, Lynda Saul’s home 565 5<sup>th</sup> Ave. Contact Lynda at 461-2838

#### Knitting for Peace-January 15<sup>th</sup>, 7-9pm

Home of Ruth Luke, 301 S. Rodney

#### January 18<sup>th</sup> Service - Sunday

“Martin Luther King Holiday: Reflections on Civil Rights”

**Adult RE-January 21<sup>st</sup>,** Introduction to UUism, last session, 7:00pm, Lynda Saul’s home, 565 5<sup>th</sup> Ave. Contact Lynda at 461-2838

#### bUUk cIUUb, January 22<sup>nd</sup>, 7-9pm

“Suite Francaise” by Nemirovsky

Place to be decided

Contact Georgia Lovelady 443-7204

#### January 25<sup>th</sup> Service – Sunday

“Laughing at Myself and Life”

Led by Cynthia Overturf

#### February 1<sup>st</sup> Service – Pot Luck Sunday

(The Ground Hog says “Merry Candlemas”)

**Adult RE-**In February, Intro. to Buddhism. More information to come, contact Donna Davis

## Newsletter Photos 2008



Service for New Members



Gates of the Mountains



Ulands with Our New Sign



First Child Dedication - Hudders Family

*Food Share  
Sunday  
is every Sunday*

**And the need is great**

#### Board of Directors

Magalie Belanger – President  
Jan Ellen Siemers – Vice President  
Ruth Piccone – Treasure  
Carol Barnes – Secretary  
Ryan Grandy – At Large Member  
Michele Webster – At Large Member

#### Committees

Membership - Joyce Kronholm  
Religious Ed. Child - Becky Warren  
Social Justice -  
Welcoming - Rebecca Hargis  
Worship - Bill Kronholm

#### Mailing Address

Big Sky UU Fellowship  
PO Box 816  
Helena, MT 59624

#### Message Phone

(406) 449-3096

#### Services

Christian Science Church  
1800 Highland Dr.  
Helena, MT 59601

#### Newsletter

Jan Ellen Siemers 459-0102  
[JEhelena@copper.net](mailto:JEhelena@copper.net)

#### Webmaster

Blake Gardiner at  
[blake@helena-mont.us](mailto:blake@helena-mont.us)

More information at  
[www.bigskyyuu.org](http://www.bigskyyuu.org)

## Annual Meeting Sunday, January 11<sup>th</sup>

Plan on attending our Annual Meeting Sunday Jan. 11<sup>th</sup>, immediately following Service. It will last approximately one hour with pizza downstairs afterwards. Agenda is: appreciation for retiring board members Joyce Kronholm, and Jeanne Powell; election of 2009 Board; election of new Nominating Committee; and approval of 2009 Budget.

**New Secretary** - Our current Board Secretary, Carol Barnes, is moving to the Kalispell area. We all will miss her wise counsel. Please consider becoming our new board secretary. Please contact Magalie or a Nominating Committee member soon.

## 3 Upcoming Adult Religious Education Classes

**January - 14 and 21; Our Unitarian Universalist Faith.** This class is especially geared to those who are new to UU and those who are interested in joining our Big Sky UU Fellowship. Lynda Saul and Joyce Kronholm are facilitating the two-session class, held at Lynda's, 565 5<sup>th</sup> Ave., 7 to 8:30 pm.

You'll receive a short history of Unitarianism and Universalism and their merger in 1961, the influence of Humanism and Transcendentalism, the fellowship movement and our evolving growing faith. We'll look at our Principles and Sources, hear about the symbols and traditions unique to our faith, and learn about influential Unitarian Universalists. There will be time for discussion and answers to your questions. We plan to offer this class on a yearly basis. To attend this class, call Lynda Saul, 461-2838.

**February - Buddhism** given by Donna Davis. This class offers a general introduction to Buddhism including the 4 Nobel Truths, the Eightfold Noble Path, the story of the personage who became the Enlightened One, some reflections on the Dalai Lama and Thich Nhat Hanh, and a look at contemporary practice. More information to come.

**March – 4, 11, 18; Earth Based Spiritual Practices** given by Jan Ellen Siemers in 3-sessions from 7-9:00pm hopefully at the CC church. We will explore the history, heritage, and how to of Seasonal Celebrations, learn about our own indigenous ancestors, prepare for and conduct our own Spring Equinox celebration. Signup sheet is on UU bulletin board or call Jan Ellen 459-0102.

**General Assembly 2009** - This year the GA will be held June 24-28<sup>th</sup>, 2009, University of Utah in Salt Lake City. Registration/Housing will open March 2.

**“Free Spirit” Newsletter Editor** - Jan Ellen is the new editor of this newsletter. In order to have your article or information included in the monthly “Free Spirit” contact her at [JEhelena@copper.net](mailto:JEhelena@copper.net). Deadline is 25<sup>th</sup> of each month.

**In Gratitude** to those who, in Dec., made our UU fellowship possible...

**Service Leaders:** Donna Davis, Carl Junkerman, Rachel Carroll, Bill Kronholm, Ginny Niccolucci,  
**Musicians:** John Cardiello, Fred Cobb, Winston Swift, Jim Stoltz, **Others:** Ellie Furbush, Donna Davis, Beth Steele. **Children's RE:** Ruth Piccone, Ilka Becker, Jim Stoltz, & Michelle Webster.

Also **Greeters & Coffee Hosts**

If you have not volunteered, we do so need to see your name on this list. ☺